



Tanning

St. Tropez Full Body

A fully body scrub followed by an application to the face and body of St. Tropez tinted self-tanning lotion and moisturiser providing a streakless tan that will last for days.

60 minutes £45.00

We advise that the St. Tropez treatment should be carried out 24 hours before your event. Loose fitting, dark clothing should be worn.

Waxing

Full Leg
45 minutes £22.50

½ Leg
30 minutes £16.00

Bikini
15 minutes £9.00

Under Arm
15 minutes £7.50

Chin or Lip
15 minutes £7.00

Chin and Lip
15 minutes £12.00

Back or Chest
45 minutes £21.00

Special Eyes

Eye Brow Shape
15 minutes £10.00

Eye Lash Tint
30 minutes £10.00

Eye Lash & Brow Tint
30 minutes £18.00

Eye Brow Tint
15 minutes £8.00

If you are undergoing a tinting treatment a patch test is required 24 hours prior to the treatment time.

Concept Treatments

Hot stones with Espa oils are used to massage energy centres of the face and body and are then placed on vital chakra points to help ease tensions generated by everyday life and emotional pressures.

Holistic Aromatherapy – Back, Face and Scalp with Hot Stone Therapy

An all embracing treatment incorporating a full Espa facial with deep cleansing back exfoliation, followed by a hot stone aromatic oil massage bringing powerful de-stressing benefits.

100 minutes £70.00

Holistic Total Body Care with Hot Stone Therapy

This all-encompassing treatment commences with fully body skin brushing and exfoliation to prepare the skin, leaving it feeling soft and smooth. This is then followed by a deep body, face and scalp massage, using hot and cold stones on vital energy points and a blend of essential oils chosen to suit individual requirements. This truly holistic experience will bring harmony to both mind and body.

115 minutes £85.00

Body Treatments

Look after the body as well as the mind with this revitalising mix of body treatments.

Salt Scrub

Deeply stimulating sea salts together with invigorating/detoxifying or relaxing aromatherapy oils; the ultimate exfoliation to stimulate circulation, soften and regenerates the skin. Ideal as a pre holiday treatment

25 minutes £30.00

Lifesaving Back Treatment

An ideal treatment for this much neglected and hard to reach area and particularly good for problematic skin. Includes deep cleansing, body brushing, exfoliation, warm marine mud application and a luxurious aromatherapy massage.

40 minutes £45.00

Golfer's Tonic

Tee off with a relaxing back massage followed by a luxury foot treatment which includes exfoliation, deep massage and an envelopment of warm mud or algae to relieve aches and pains or sore feet that may be feeling below par.

55 minutes £48.00

Stimulating Hip and Thigh Treatment

Ideal for treating cellulite, fluid retention and uneven skin with deep exfoliation using seaweed and salt scrub, followed by a detoxifying massage using stimulating oils and application of a warm algae wrap.

55 minutes £50.00

Restorative Mud Envelopment

Ideal treatment for aches and pains and superficial skin problems using marine mud rich in trace minerals. Includes a fully body exfoliation and a deep scalp treatment to ease tension.

70 minutes £48.00

Detoxifying Algae Wrap

This treatment begins with a full body exfoliation using detoxifying salt scrub followed by an application of algae to help boost metabolism and speed up the elimination of toxins. Includes a full scalp treatment for total relaxation.

70 minutes £48.00

Skin Hydrator Body Wrap

Lymphatic skin brushing and fully body exfoliation prepares the skin for this luxurious body wrap which uses a deeply hydrating compound of marine mud, Espa essential oils and deeply nourishing body cream. Together with advanced techniques and an Oriental head massage, this total envelopment is specifically designed for dry or dehydrated skin, before or after sun.

70 minutes £50.00

Aromatherapy Total Body Care

This treatment begins with body brushing and full body exfoliation followed by a face and scalp treatment and full body massage.

85 minutes £65.00

Aromatherapy Luxury Back, Face and Scalp

A luxury back treatment followed by an aromatherapy facial and a deep relaxing scalp massage.

85 minutes £60.00

Pre Natal Treatment

This total body treatment has been carefully designed for pregnant or nursing mothers. It aids relaxation and helps tone the body using advanced massage techniques.

85 minutes £55.00